Imani
PSYCHOSOCIAL SOLUTIONS
EST 2018

# COMPANY PROFILE

# TABLE OF CONTENT


About Us 03

Pratical Insight 04

Service Offering 06

Solution Focused Approach 07

Our Footprint 08

# ABOUT IMANI

*Leading the market*

Founded in 2018 and registered as a Private Consulting Company, Imani Psychosocial Solutions is an affordable, independent, professional and black female owned organisation. It specialises in Counselling, Facilitation and Public Speaking Services. Using the solution focused approach; the aim is to create conversations about challenges and normal psychosocial human issues affecting Mental Health. Imani PsychoSocial Solutions addresses all essential elements of positive human development- psychological, social, financial and mental needs.

## OUR VISION

To provide access to positive human development solutions.

## OUR MISSION

Providing affordable professional counselling services.

De-stigmatisation of mental health challenges .

Promoting sustainable solutions through effective professional tools

Encouraging positive psychosocial conversations through facilitation and training programs.

Assisting individuals and institutions to build and reinforce positive human development values.

## OUR VALUES

Professional

Confidential

Affordable

Non-Judgemental

# PRACTICAL INSIGHT

Imani Psychosocial Solutions has developed reliable and congenial relationships through various individual and corporate partnerships since its inception in 2018. As a result, we are gratified to have gained valuable insights into the evolving psychosocial challenges affecting mental health over time. The scourge of mental health challenges has been prevalenet in recent years and research indicates that South Africa still battles  with the stigma attached to mental health. This has challenged our organisation to consider affordable and accessible private mental health solutions.

# SERVICE OFFERING

*Leading the market*

## COUNSELLING

- Face to Face
- Virtual
- On-site
- Home Visits
- Employee Wellness
- Student Support

## FACILITATION

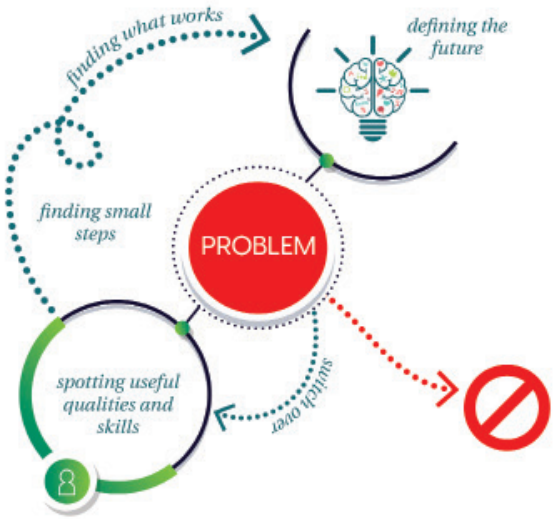
- Support Groups
- Soft Skills Workshops
- Conflict Resolution
- Employee - Manager Relation
- Child - Parent Relations
- Career Guidance
- Trauma Interventions
- Bereavement Interventions
- Team Building Workshops

## PUBLIC SPEAKING

- Mental Health Seminars
- Master Classes
- Motivational Speaking
- Corporates Wellness Talks
- Radio/Tv Talk Show
- Mental Health Campaigns

# SOLUTION FOCUSED APPROACH

*Find what works and do more of it.....*




Imani
PSYCHOSOCIAL SOLUTIONS

**The direct benefits are:**

- Affordable services
- Only pay for services required at a given timeframe
- Flexible onsite accessibility to reduce operational costs.
- Direct cost benefits
- Professional, independent and uncensored interventions.
- Proactive intervention to mitigate mental health risks and breakdown.

# OUR FOOTPRINT

Imani Psychosocial Solutions is gratified to have provided therapeutic and transformational interventions to over 6000 individuals since its inception in 2018. We are pleased to have built a reputation of providing affordable and solutions-focused services to our client base. Over the years, we have formed congenial relations with our individual clients who continue to find relevance in our services both locally and abroad. At Imani Psychosocial Solutions, we believe there is power in longevity; hence we have become a reputable provider to various organisations who continuously utilise and recommend our services.

Furthermore, our credibility extends to other wellness providers with whom we have developed a unique niche in delivering Employee Wellness interventions at all levels from employees to the executives. Our asset comes from the fact that Imani Psychosocial Solutions believes in providing affordable onsite and solutions-focused psychosocial and mental health interventions. Our diverse footprint extends to, but not limited, to the following organisations:

ICAS

kaelo
health & wellness for life

smartstart
GIVING EVERY CHILD THE POWER TO SUCCEED

HERNIC FERROCHROME

BONGANI RAINMAKER

CAREWAYS
The way to wellness

Universal Healthcare

METROPOLITAN
Together we can

ITD
TRANSFORMATION THROUGH PARTICIPATION

OUR OFFICE

Montrose Street,
Birchwood Court,Vorna Valley,
Midrand. 1685.

OFFICE NUMBER
+27 11 655 7000

WHATSAPP BUSINESS
+27 73 617 3975

EMAIL
info@imanips.co.za

WEBSITE
www.imanips.co.za